

Unuma no Sato Four Seasons Trail

You can find seasonal flowers on the roadside and feel the invigorating wind in Unuma no Sato, to experience a true sense of the season. Please discover the charms of Unuma by walking the secret trail.

Illustration by Eriko Hirano



← Towards Mt. Rokumanki

Mt. Nagamori

Mt. Fukasawa

Mt. Komari

Mt. Hakai

Mt. Nagamori-shinden

Japanese white-bark magnolia

Soft windflower

Anemone pseudoaltaica H. Hara

Hydrangea serrata var. megacarpa

Ki Otoshi

Epimedium grandiflorum

Fudo Falls

Taki no Iri

Yukihana no Oka

Viewing Shed

Soba Garden

Vegetable Garden

Fudo Stream

Hakkaisan Yukimuro

Jyodaira

Fu-ka no Mori

Cherry Blossom Viewing Deck

Sobaya Nagamori

BukaBunka Seasonal local cuisine

Fringed Iris

Minamiyama

walking the ridge trail

Trillium smallii Maxim

Hakkaisan Beer Brewery

Umakoshi-hara

Fritillaria koidzumiana

Row of Zelkova Trees

Sweets Studio Blanc de Blancs

Satoya Sweets & Café

Pond

Smoking Space

Monument of Koichi Nagumo

Fukasawahara Shochu-kura

The Sato family established this shrine. When the shrine had a fire, it was believed that snails protected the God of the shrine. To this day the Sato family still protects snails because of this.

Terayama

Goro Taro Yama

Japanese azalea

The Laboratory

Hakkaisan Company Cafeteria

Flower Garden

Hakkaisan's 2nd Brewery Daini Kowa kura

Hachikura Library

Hachikura

Monument of Koichi Nagumo, founder of Hakkaisan Brewery

Fukasawahara Shochu-kura

Fudo Shrine

Zenshoan Temple

Founded in 1654, Zenshoan is a branch temple of Soto Zen Ryukokuji Temple. This area in Nagamori seems to have been a battle field as many weapons used during past wars are excavated here.

Nose of Yamazaki

Opened to public - visitors are welcome to dine here.

Cherry Blossoms

Cherry Blossoms

Cherry Blossoms

Hachikura Library has books on world's food and beverages. The library is open to everyone, so feel free to browse the books at your leisure.

Scenic Outlook

Koyasu Jizo

Sennen Kojiya Main Store

Bracken

Farm Club House

Corydalis ambigua

Ground ivy

Skunk cabbage

Corydalis orthoceras

Chelidonium majus

Keyaki-en

Great Zelkova 1500-year-old-tree

This is a traditional thatched snow country farm house. Nice rustic meals are offered. By reservation only.

Isurugi Shrine

This area is known as Funayama. (boat shaped mountain) after its geographic shape. Isurugi shrine, with its red roof is built on the top of this hill in the cedar forest.

Ginkgo Trees

From this point, enjoy a beautiful view of the mountain range and charming countryside.

Erythronium japonicum

Linden viburnum

Hakkaisan Brewery CO., LTD



Isurugi Shirine (Nagamori Map 3-D)

Year of founding unknown. According to old writings in Suzaka City, Nagano Pref. warriors prayed in this shrine after a battle in the Nagamori area in June 1510. This area is known as Funayama (boat shaped mountain) after its geographic shape.



Koyasu Jizo (Nagamori Map 4-C)

Year of founding unknown. It is called "Nakadori Jizo sama" and enshrined here is the Buddha, the Goddess of Long Lasting Life. It was located in front of Zenshoan Temple until early in the Showa era.



Fumoto no Jizo sama (Walking Map of Mt. Rokumanki)

Built between 810 and 823, this extremely old temple is dedicated to safe childbirth and the health of children. Many visitors come from all over the country to pray here.



Keyaki-en (Nagamori Map 2-D)

This traditional thatched snow country farm house was built in 1870. Accommodations and nice country-style meals are offered. By reservation only.

Address: 24, Nagamori, Minami-Unonuma City
Phone: 025-775-2419
Opening Hours: Lunch 11:30-15:00, Dinner 17:00-21:30 (By Reservation Only)
Meal Charge: ¥5,250~
Room Rate (With Half Board) per person: ¥12,600~



Fudo Shirine (Nagamori Map 3-C)

The Sato family established this shrine. When the shrine had a fire, it was believed that snails protected the God of the shrine. To this day the Sato family still protects snails because of this.



Zenshoan Temple (Nagamori Map 4-C)

Founded in 1654, Zenshoan is a branch of the Soto Zen Ryukokuji Temple. This area in Nagamori seems to have been a battlefield as many weapons used during past wars are excavated here.



Shinjoji Temple (Walking Map of Mt. Rokumanki)

Founded in 1543, Shinjoji Temple is a branch temple of Soto Zen Chofukuji Temple. The current structure was built in 1788.



Sennen Kojiya Main Store (Nagamori Map 4-D)

Sake from 4 different Breweries in the Minami Unonuma region, pickles and other local items are available here. A tall vertical banner is the symbol of the shop.
Address: 627-8, Nagamori, Minami-Unonuma City
Phone: 025-775-2604
Opening Hours: 9:00-18:00
Holiday: None (Open 365 days)

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UONUMA NO SATO

Unonuma no Sato is where you can experience and enjoy the charms of the Unonuma region.

<http://www.uonuma-no-sato.jp/>



Hachikura/Hachikura Library (Nagamori Map 2-C)

This shop is introducing traditional Japanese gift-wrapping styles and the meaning behind each style. A mini theater shows a film about Unonuma no Sato and the Hakkaisan sake making process.

Address: 426-1, Nagamori Minami-Unonuma City
Phone: 025-775-2975
Opening Hours: 10:00-17:00 (be subject to change with season)
Holiday: January 1st



Hakkaisan Yukimuro/Yukinaka Kitchen (Nagamori Map 3-B)

This environmentally friendly Yukimuro snow cellar uses 1000 tons of snow to chill and preserve not only Sake and Shochu but also local vegetables and meats. Cooking demonstrations regularly take place in the kitchen using local ingredients and foodstuffs.

Address: 459, Nagamori, Minami-Unonuma City
Phone: 025-775-7707
Opening Hours: 10:00-17:00 (be subject to change with season)
Holiday: January 1st
A Yukimuro Snow Cellar tour is conducted frequently and limited to 15 participants per tour. Please sign up to join a tour on the day of your visit.



Hakkaisan Beer Brewery (Nagamori Map 1-B)

Beer Brewery will be moved to Unonuma no Sato. The brewery and the retail store will be open in 2018 summer.



Hakkaisan's 2nd Brewery Daini Kowa kura (Nagamori Map 2-C)

The Hakkaisan Brewery was born in the Unonuma region which is blessed with abundant natural resources. Our sake making focuses on the effort and skill of our brewers. We believe that making only the highest quality sake by hand is the best way to share our culture. *Employees only. No visitors please.



Sobaya Nagamori (Nagamori Map 2-B)

A nostalgic Soba restaurant, built in a rustic style. The picturesque garden is covered with seasonal flowers such as soba blossoms. With a reservation, a course menu is available in the evenings.

Address: 415-23, Nagamori, Minami-Unonuma City
Phone: 025-775-3887
Opening Hours: Mon.-Fri. 11:00-15:00, Sat.-Sun. 11:00-19:00
Holiday: January 1st



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A kitchen utensil and tableware shop is located on the 2nd floor of the Yukimuro. A variety of items are here to enhance your cooking and dining.

Yukimuro Sennen Kojiya

This shop located on the 1st floor of the Yukimuro has a variety of fermented foods as well as snow chilled vegetables, meats and sweets. Also, a private shochu storage service is offered.



Farm Club House (Nagamori Map 1-D)

Club House for farm renters (Authorized Persons Only)
Opening Hours: 10:00-17:00,
Holiday: Tuesday



Fukasawahara Shochu-kura (Nagamori Map 3-C)

Sake kasu lees, a byproduct of sake making, is used in this shochu factory. Fresh lees are distilled to make kasutori shochu. Fermented rice is distilled to make kome shochu. *Employees only. No visitors please.



BukaBunka Seasonal Local Cuisine (Nagamori Map 2-B)

Lunch sets are available with a focus on serving the freshest local seasonal cuisine.

Address: 415-23, Nagamori, Minami-Unonuma City
Phone: 025-775-3500
Opening Hours: 11:00-15:00
Holiday: January 1st



Hakkaisan Company Cafeteria (Nagamori Map 1-C)

The surrounding nature of Unonuma and our flower garden can be viewed through its large picture windows of the Cafeteria. Visitors are welcome to dine here and enjoy the type of meal prepared to support Hakkaisan brewery workers in their craft of making sake.

Address: 334-2, Nagamori, Minami-Unonuma City
Opening Hours: 11:00-15:00 Holiday: January 1st

Please contact Hakkaisan Customer Service: 0800-800-3865 between 9:00 to 17:00 weekdays.



Blanc de Blancs (Nagamori Map 2-C)

A two story building housing a confection making facility with a viewing window on the 1st floor, and kitchen studios with four complete island kitchens for cooking seminars and workshops on the 2nd floor.



The Laboratory (Nagamori Map 1-C)

Research and development focused on "rice, koji and fermentation" gained through experiences in sake brewing is carried out here. *Employees only. No visitors please.



Satoya (Nagamori Map 2-B)

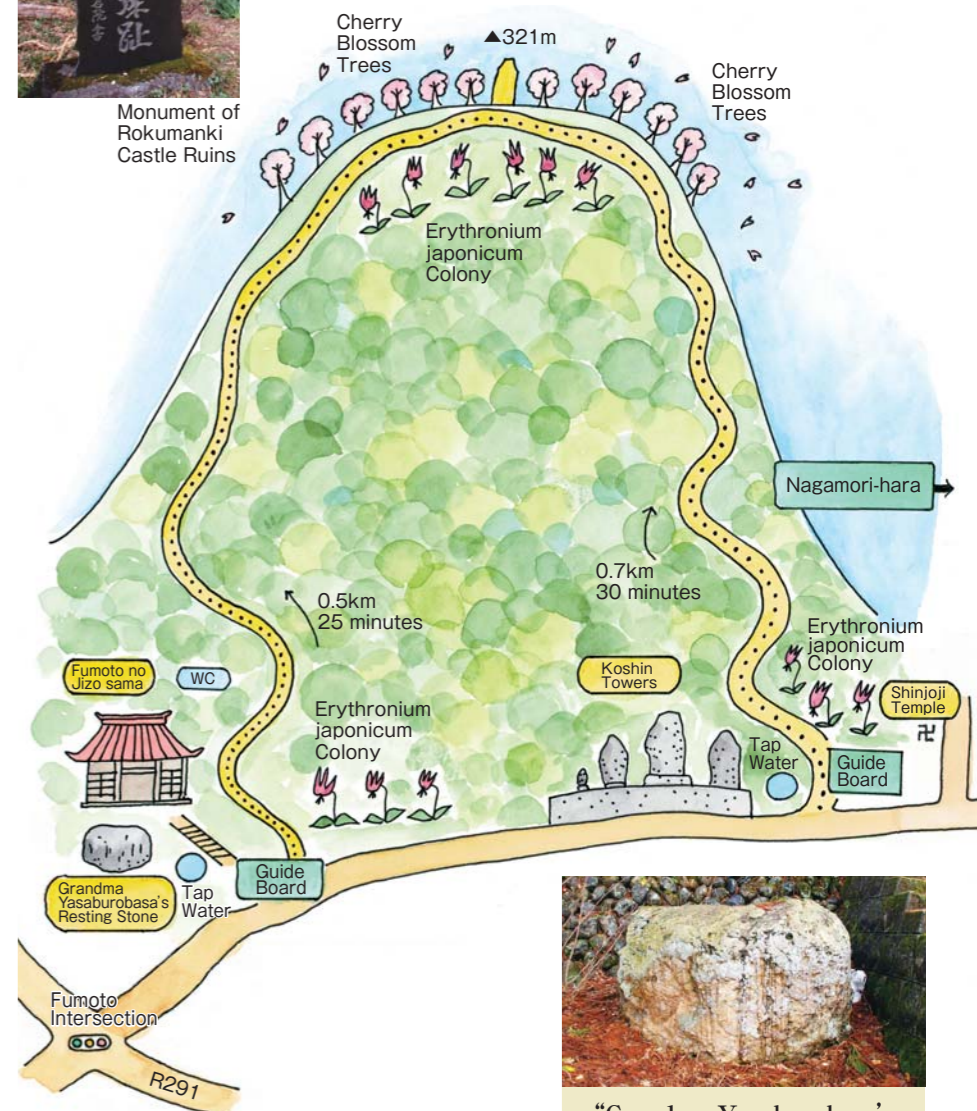
Next to Sobaya Nagamori is Satoya, a shop for sweets made using Hakkaisan Sake. Enjoy sweets to go or to stay at the relaxing and beautifully situated café on the second floor.

Address: 415-23 Nagamori, Minami-Unonuma City
Phone: 025-775-3899
Opening Hours: 10:00-17:00
Holiday: January 1st

Walking map of Mt. Rokumanki, a symbolic hill of Fumoto District



Monument of Rokumanki Castle Ruins



"Grandma Yasaburobasa's chair" from folklore.

Japanese folklore has tales of Grandma Yasaburobasa in many parts of Japan. In the local Fumoto District lays a stone that was believed to be Grandma Yasaburobasa's resting stone.

(Walking Map of Mt. Rokumanki)

Yasaburobasa's grandchild was left behind after the death of his parents and Yasaburobasa was looking after the grandchild. One stormy day she was too hungry and she bit the grandchild's cheek. Immediately she turned into a devil and started kidnapping children in the snow storm. But after a while she regretted her evil deeds and visited her temple to be forgiven and purified. She flew away after the monk's purification. Ever since then, she comes back to the temple on the 8th of December to give donations to the temple. Even today, the local residents describes a stormy day as "the 8th day storm".



Route to Mt. Rokumanki



Route to Mt. Rokumanki

